

CONNECTING FOR SUCCESSFUL AGEING

Wednesday 12 November 2014
10am – 1pm
@ The Juniors
558A Anzac Parade, Kingsford



*How does
connectedness
improve one's health?*

*Want to try
something
new?*

*Do you worry
about being
isolated?*

The Consumer Committee
Aged Care Psychiatry Service, Eastern Suburbs Mental Health Service
presents a **FREE** public health forum

KEY NOTE ADDRESS by HUGH MACKAY

Social researcher, writer and social commentator

The Importance of Social Connectedness

Chair: Professor Henry Brodaty

**Connectedness
through Technology**

Nan Bosler
Australia Seniors
Computer Clubs Assn

**Volunteering and
Successful Ageing**

Peggy Roberts
2013 NSW Health
Volunteer of the Year

**Mind and Body
Connectedness**

Dr Judy Chen
Physiotherapy
& Tai Chi

**Relationships
and Connections**

Dr Carmelle Peisah
Associate Professor UNSW
Psychiatrist

BOOKING ESSENTIAL

Morning tea will be provided

Phone: 9382 3753

Email: ACPSforum@gmail.com

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