## BETTER BRAIN. BETTER LIFE.

A Free Public Forum

Welcome Address by Greg Pickering Chief Executive Officer, Mounties

ESEAR

Your Brain (and Dementia) A/Prof Belinda Goodenough

The Heart & The Brain Professor Perminder Sachdev AM Co-Director, CHeBA

My Dad & Alzheimer's PJ Lane, Actor, son of Don Lane

Maximise Your Memory Dr Nicole Kochan

MORNING TEA

Physical Activity & Brain Health Professor Maria Fiatarone Singh

Better Brain. Better Life Professor Henry Brodaty AO Co-Director, CHeBA

## The Centre for Healthy Brain Ageing (CHeBA) & Mounties present Better Brain. Better Life.

## Wednesday, 19 August 2015 10am–1pm

Morning Tea Provided

Mounties, 101 Meadows Road, Mt Pritchard

Registration essential by 12 August 2015

(02) 9382 4122 or



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