The Neuropsychiatric Institute, POWH & the Centre for Healthy Brain Ageing (CHeBA) invite you to:

# DEPRESSION IN LATE LIFE



### **KEYNOTE SPEAKER**

Professor Charles Reynolds III M.D 2015 RANZCP Travelling Professor

### **Key topics include:**

- Melancholia
- Neurobiology of late life depression
- Pseudodementia & pseudodepression
- Suicide in late life
- Bipolar disorder in late life
- "Internalising" disorders in late life
- Psychosocial treatment
- The future of late life depression

#### TYREE ROOM SCIENTIA BUILDING UNSW

18 September 2015 9am - 5pm

## EARLY BIRD RATES UNTIL 31 JULY:

Psychatrist - \$275 Trainee - \$165

Rates increase by \$55 after 31 July

## **Click here to register**

## Speakers include:

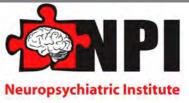
Professor Gavin Andrews Professor Henry Brodaty Professor Colleen Loo Professor Sharon Naismith Professor Gordon Parker Professor John Snowdon Dr Chanaka Wijeratne Dr Viviana Wuthrich











## PROGRAM

VENUE LOCATION: Tyree Room, John Niland Scientia Building, UNSW Australia Entry via Gate 11 Botany Street, Kensington, NSW 2031

#### **Depression in Late Life: Current Status**

#### Friday, 18<sup>th</sup>September: 9:00 am- 5:00pm

Session 1		Chair: Henry Brodaty
9:00 – 9:05 am	Chair: Welcome & Introduction	Henry Brodaty
9:05 – 9:30 am	Melancholia – Its status and age implications	Gordon Parker
9:30 – 9:55 am	The neurobiology of late life depression	Sharon Naismith
9:55 – 10:20 am	Bipolar disorder in late life	Chanaka Wijeratne
10 <b>:</b> 20 am	MORNING TEA	
Session 2		Chair: John Snowdon
10:40 – 11:05 am	"Internalising" disorders in late life	Gavin Andrews
11:05 – 11:30 am	Depression, dementia, pseudodementia, pseudo-pseudodementia and pseudodepression	Henry Brodaty
11:30 – 12:20 am	Keynote: Treatment of late-life depression, including treatment resistance	Charles F. Reynolds III
12 <b>:</b> 20 pm	LUNCH	
Session 3		Chair: Gordon Parker
1:20– 1:45 pm	Suicide in late life	John Snowdon
1:45 –2:10 pm	Psychosocial treatment of late-life depression with comorbid anxiety	Viviana Wuthrich
2:10 – 2:35 pm	ECT, brain stimulation and novel treatments: Current status	Colleen Loo
2:35 pm	AFTERNOON TEA	
3:00 – 4:00 pm	Panel Case Discussion	<b>Chair: John Snowdon</b> <b>Panel Members:</b> Carmelle Peisah Charles F. Reynolds III Deborah Koder Julie Strukovski
4:00 – 5:00 pm	Final Panel: The future of late life depression	Chair: Henry Brodaty Panel Members: Gavin Andrews Colleen Loo Charles F. Reynolds III John Snowdon

Registration includes attendance at ALL sessions, tea, coffee, refreshments, morning tea, lunch and afternoon tea.

#### NON-PSYCHIATRIST RATES AVAILABLE CARLY BIRD RATES APPLY BEFORE 31 JULY

**REGISTRATION <u>\*®</u> Click here** 

#### Scientia Professor Gavin Andrews



Gavin Andrews AO, MD, is Professor of Psychiatry at UNSW at St Vincent's Hospital, Sydney. He is on the ISI Most Highly Cited list for psychology and psychiatry with more than 30,000 citations to his work. His research interests began with stuttering, extended to depression, epidemiology, treatment, classification, cost effectiveness, and now the internet treatment of internalising disorders.

#### Scientia Professor Henry Brodaty



Henry Brodaty is an internationally recognised authority on ageing and dementia. He is Scientia Professor of Ageing and Mental Health, UNSW Australia; Co-Director, Centre for Healthy Brain Ageing (CHeBA); Director of Aged Care Psychiatry and Head of the Memory Disorders Clinic, Prince of Wales Hospital (POWH); Director of the Primary Dementia Collaborative Research Centre and has served on

several NSW and Commonwealth committees related to ageing and dementia. He is the past chairman of Alzheimer's Disease International, and past president of Alzheimer's Australia and Alzheimer's Australia (NSW).

#### Professor Colleen Loo



Colleen Loo is a Professor based in the School of Psychiatry, UNSW Australia. She is a psychiatrist, researcher and academic, with a clinical base at St George Hospital and a research base at the Black Dog Institute (Sydney). She is internationally recognised for her research in Electroconvulsive Therapy and novel physical treatments, particularly Transcranial Magnetic

Stimulation and transcranial Direct Current Stimulation.

#### Scientia Professor Gordon Parker



Gordon Parker is Scientia Professor Psychiatry, UNSW Australia, and was formerly the Executive Director of the Black Dog Institute. His research priorities weight modelling and managing options for the mood disorders, particularly melancholia and the bipolar disorders.

#### Professor Charles F. Reynolds III



Charles F. Reynolds III MD is the UPMC Endowed Professor in Geriatric Psychiatry at the University of Pittsburgh. He directs the NIMH sponsored Center of Excellence in the Prevention and Treatment of Late Life Mood Disorders and the UPMC/Pitt Aging Institute (www.aging.upmc.com).

#### Ms Julie Strukovski



Julie has 37 years' experience as a Registered Nurse specialising in Aged Care and SMHSOP, where she is currently Program Manager. She has qualifications in General Nursing, Mental Health Nursing, Gerontology and Behavioural Management. She worked for 8 years as the manager of a number of CALD specific Aged Care Facilities in which quality management and

assessment of systems and processes was an integral function of the role. Julie has been instrumental in developing the Behavioural Assessment Management Service across NS LHD.

#### Dr Viviana Wuthrich



Viviana Wuthrich is a Clinical Psychologist and Senior Lecturer in the Centre for Emotional Health at Macquarie University. Her research is on the underlying mechanisms of, and treatment of, anxiety and depression in older adults, and children and adolescents, including the development and evaluation of psychosocial treatments.

#### Dr Deborah Koder



Deborah Koder is currently the senior clinical psychologist for the Specialist Mental Health Service for Older People based at Royal Prince Alfred Hospital and has been working with older adults for over 25 years. Her clinical and research interests are cognitive-behaviour therapy for the

treatment of late-life depression and anxiety, psychosocial approaches to challenging behaviours in dementia and influences on psychological service provision to older adults.

#### **Professor Sharon Naismith**



Sharon Naismith is the Leonard Ullman Chair in Psychology at the University of Sydney. She is a Clinical Neuropsychologist and NHMRC Career Development Fellow. Her work in the area of cognitive and imaging correlates of late-life depression spans almost two decades and she now focuses on using neurobiological strategies

for depression prevention, the overlap between mild cognitive impairment and depression and cognitive remediation techniques.

#### **Associate Professor Carmelle Peisah**



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Carmelle Peisah is an old age psychiatrist and conjoint Associate Professor at UNSW Australia. She is the Clinical Director, Specialist Mental Health Services for Older People (SMHSOP) in the Northern Sydney Local Health District. She is also President of Capacity Australia, a a not-for-profit charity that promotes autonomy of decision-

#### Professor John Snowdon



John Snowdon is an old age psychiatrist based at Concord Hospital and with the Camperdown SMHOPS team, and is a Clinical Professor (Sydney Medical School). He has researched and/or written about late life depression, suicide, delusional disorder and squalor/hoarding. He was

the foundation chair of the RANZCP's FPOA.

#### Dr Chanaka Wijeratne



Chanaka Wijeratne is a Senior Specialist in the Academic Department of Aged Care Psychiatry at Prince of Wales Hospital, where he specialises in mood disorders and neurodegenerative diseases, and has a longstanding interest in ECT. He is a past recipient of an Australian Rotary

Health grant to research bipolar disorder in older people.