

Older Persons Mental Health Service,
Eastern Suburbs Mental Health Service

Keeping Connected

Social health and ageing

Wednesday, 27 October 2021 | 10:00AM to 12:00PM

Opening Address - **Michael Still**
Chairman, South Eastern Sydney Local Health District



*Kindness: The key to
connectedness*

Hugh Mackay
Social Researcher and Author



*Resilience after stress/COVID
and mental health*

Professor Henry Brodaty AO
Scientia Professor, Centre for Healthy
Brain Ageing



Intergenerational connections

Dr Stephanie Ward
Senior Research Fellow, Centre for
Healthy Brain Ageing and Geriatrician,
Old People's Homes for 4 Year Olds



*Social connectedness for mental
health*

Dr Suraj Samtani
Post Doctoral Fellow, Centre for
Healthy Brain Ageing



**Free
Online
Event**

Booking Essential
Eventbrite RSVP: <https://opmhs2021.eventbrite.com.au>
Phone: 9382 3759
Email: ACPforum@health.nsw.gov.au

