

Maximise Your Brain Health

Would you like to take steps to improve the health of your brain as you age?

You are invited to attend an information session with keynote speaker Professor Henry Brodaty, He is Scientia Professor of Ageing and Mental Health, Montefiore Chair of Healthy Brain Ageing, Co-Director of the Centre for Healthy Brain Ageing (CHeBA), and Director of the Dementia Collaborative Research Centre at UNSW. He is also Consultant Psychogeriatrician, Aged Care Psychiatry and Head of the Memory Disorders Clinic at Prince of Wales Hospital.

Learn about your memory as you age and the latest research on brain dementia risk reduction.



health and

When: Thursday 1 September, 6.30pm-8.00pm
(refreshments served from 6.00pm)

Where: Hunter's Hill Town Hall
22 Alexandra Street, Hunters Hill

Cost: Free

Bookings: 9879 9454 or gamblet@huntershill.nsw.gov.au



A joint initiative of Hunters Hill Council, Lane Cove Council and Alzheimer's Australia.



HUNTER'S HILL COUNCIL

