



National Psychology, Counselling & Psychotherapy Conference 2019

EXPERT-LED TRAINING FOR PSYCHOLOGISTS, COUNSELLORS, PSYCHOTHERAPISTS AND HEALTHCARE PROFESSIONALS

Wednesday 27th November 2019
Australian Maritime Museum 9.00 – 17.30

The National Counselling and Psychotherapy Conference explores current and future trends in psychology, psychotherapy and mental health. This innovative conference features expert academics, authors and clinicians exploring emerging issues that will shape the future of our clinical practice as therapists.

CURRENT AND EMERGING THERAPIES:

Session 1: The talking cure: Normal people, their hidden struggles and the life changing power of therapy — Exploring key themes for therapists
Panel conversation with Authors Prof Gill Straker and Dr Jacqui Winship

Session 2: “What do you need?”: The unique contributions of Schema Therapy to psychotherapy practice and training.
Clinical Psychologist and Accredited Schema Therapist Dr Andrew Phipps

THE RISE OF TECHNOLOGY IN THERAPY & SOCIETY:

Session 1: The dip: A practical guide to take control of screen addiction and reconnect with your family — From the therapist perspective
Clinical Psychologist and Author Dr Danielle Einstein

Session 2: Online and virtual reality treatments to overcome anxiety
Clinical Psychologist and Senior Lecturer Dr Jill Newby

Session 3: What does the future hold for therapists and therapies in the age of technology?
Panel conversation with Dr Danielle Einstein and Dr Jill Newby

PROFESSOR PHILIP ZIMBARDO:

Prof Zimbardo Session: From creating evil in the lab in the Stanford Prison Experiment; to cultivating everyday heroism in the Heroic Imagination Project:
Exclusive Video Presentation with Professor Philip Zimbardo

THERAPISTS TACKLING LOCAL & GLOBAL ISSUES:

Session 1: Making good men great: Surfing the new wave of masculinity - Opening men to therapy and therapy to men
Psychologist and Author Gunter Swoboda

Session 2: Addiction as trauma's shadow — A global crisis
Psychiatrist and Psychotherapist Dr Bruce Lachter

Session 3: Intergenerational contact: Bringing benefits to young and old
Geriatrician and Senior Research Fellow Dr Stephanie Ward

BUY TICKETS at www.nationalcounsellingconference.com.au



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2019 AGENDA

TIME	ACTIVITY	SPEAKER	TOPIC/THEME
8-30am - 9.00am		Registration	
Session 1	Welcome	Clinical Psychologist <i>Ben Caunt</i>	Welcome
	Therapies S1	<i>Panel conversation with Authors Prof Gill Straker and Dr Jacqui Winship</i>	The talking cure: Normal people, their hidden struggles and the life changing power of therapy — Exploring key themes for therapists
	Therapies S2	<i>Clinical Psychologist and Accredited Schema Therapist Dr Andrew Phipps</i>	“What do you need?”: The unique contributions of Schema Therapy to psychotherapy practice and training.
11.00 am - 11.25am		Morning Tea	
Session 2	Introduction	Clinical Psychologist <i>Ben Caunt</i>	Brief intro
	Technology S1	<i>Clinical Psychologist and Author Dr Danielle Einstein</i>	The dip: A practical guide to take control of screen addiction and reconnect with your family — From the therapist perspective
	Technology S2	<i>Clinical Psychologist and Senior Lecturer Dr Jill Newby</i>	Online and virtual reality treatments to overcome anxiety
	Technology S3	<i>Panel conversation with Dr Danielle Einstein and Dr Jill Newby</i>	What does the future hold for therapists and therapies in the age of technology?
1.10pm - 2.00pm		Lunch	
Session 3	Prof Zimbardo Session	Exclusive Video Presentation with <i>Professor Philip Zimbardo</i>	From creating evil in the lab in the Stanford Prison Experiment; to cultivating everyday heroism in the Heroic Imagination Project:
3.20pm - 3.40pm		Afternoon Tea	
Session 4	Issues S1	<i>Psychologist and Author Gunter Swoboda</i>	Making good men great: Surfing the new wave of masculinity - Opening men to therapy and therapy to men
	Issues S2	<i>Psychiatrist and Psychotherapist Dr Bruce Lachter</i>	Addiction as trauma's shadow — A global crisis
	Issues S3	<i>Geriatrician and Senior Research Fellow Dr Stephanie Ward</i>	Intergenerational contact: Bringing benefits to young and old
5.00pm - 5.30pm		Networking	