

C-STAM: Measuring your daily activities



Simone Reppermund



Katya Numbers



Kathy Nguyen



Ping-Hsiu Lin



Minal Tanvir



c-stam@unsw.edu.au

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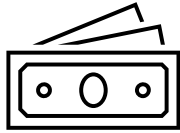
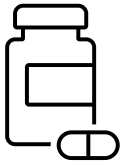


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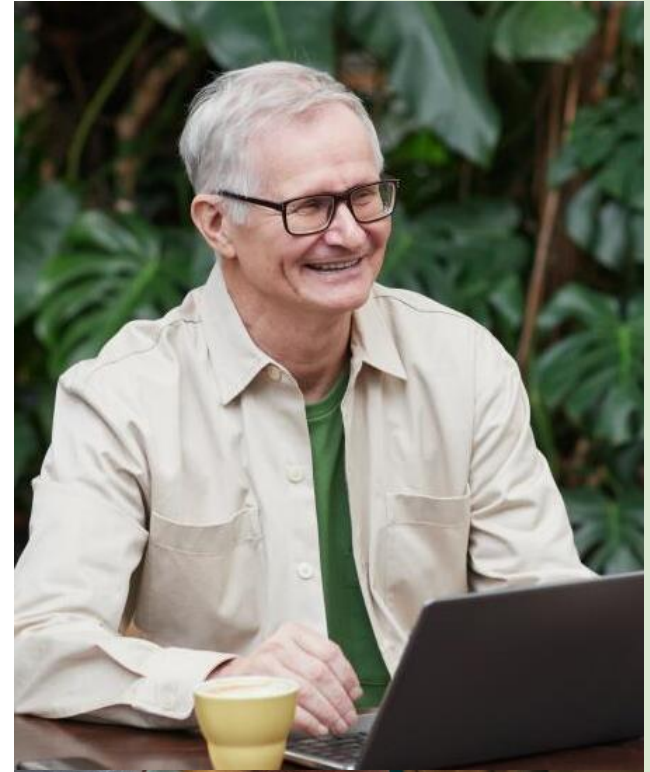


About the C-STAM

Computerised - Sydney Test of Activities of daily living in Memory disorders (**C-STAM**)



- Helps clinicians detect early functional changes
- Cost-efficient and remotely accessible



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If you:

- Are at least 60 years old
- Have a diagnosis of mild cognitive impairment or dementia
- Can communicate in English without an interpreter
- Can use a computer
- Live in Sydney
- Have someone who knows you well who can be your informant

Please contact us c-stam@unsw.edu.au

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How do I sign up?

- A flyer with contact details is in your gift bag
- Participants receive a \$50 Coles/Myer gift voucher
- Informants receive a \$25 Coles/Myer gift voucher

Check out our website:

<https://www.unsw.edu.au/research/c-stam>

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Thank you



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Healthy Brains Positive Ageing